

Saturday, August 8th, 2009

Lunch at Mama's House Buffet - 12:00 noon (leaving Bristol around 11:30am)

Mama's House Buffet offers traditional southern "comfort food" served in a casual, family-oriented atmosphere. The buffet will include fried chicken, fried fish, baked chicken or fish with rice, hamburgers and french fries, brown beans, corn bread, spaghetti, vegetables, salad bar, drinks and a choice of desserts.

The restaurant is located just a few minutes away from The Exchange Place.





Step into the 1850's at

The Exchange Place

A living history farm

1:00 PM through the afternoon

The site was once a community that served as a self-supporting plantation, a relay station along the Old Stage Road and the Post Office for Eden's Ridge, Tennessee. Costumed docents will be available to show you the six log and four timber frame buildings, and a professional story teller will entertain you. Heritage crafts people will be available to demonstrate the "necessities of the 1850's" such as basket making, rope

making, chair making, caning, whittling, blacksmithing, weaving, spinning, pottery, soap making and apple cider squeezing.

The 62-acre working farm boasts milking shorthorn cattle or Durhams as they were called in those days,

Dominique and white and brown Leghorn chickens, a Belgian draft horse, a Tennessee walking buggy horse, Poland China pigs, and some of only 1,000 or so Tunis sheep in the country. Exchange Place works with the Minor Breeds Conservancy so that the older animal breeds do not become extinct.

Join us for a day of fun for the whole family with cookies and cider and live

mandolin music. Get a glimpse of yester year and soak up some warm southern hospitality.





Please register for Family Day with your Synod registration form, or by using the online form at the church web site (www.ryderchurch.org). The combined cost for the lunch buffet and The Exchange Place entry is \$15 for ages13-60. The cost for those over 60 and younger than 13 is \$12. No charge for those younger than three.